



EMQ

Children & Family Services

## Family Partnership Institute

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### Training and Technical Assistance Topics

Title/Topic	Duration	Target Group	Description
Wraparound Overview and SB 163	2-3 hours	Wide range: staff, community, etc.	<p>These presentations provide background and general information about the Wraparound approach to serving high-need children and their families under the SB163 Pilot Program. Can be tailored to specific audiences.</p> <ul style="list-style-type: none"><li>• Legislation</li><li>• State Requirements</li><li>• Funding</li><li>• Program Standards</li><li>• Core Principles</li></ul>
Introduction to Strength-based Planning Process	1-2 days	County and Provider agency staff, related agencies, managers	<p>This training presents the core principles of Strength-based planning as a family-focused, supportive approach with application to developing an individualized, holistic plan for each family. (This is required training for Calif. Wraparound providers.)</p> <ul style="list-style-type: none"><li>• Core Principles</li><li>• Parent Professional Partnerships</li><li>• Strength Conversations</li><li>• Teaming</li><li>• Developing Individualized Support Plans</li><li>• Program and System Implications</li></ul>

Facilitation Skills Building	2 days	County and Provider agency staff	<p>This training provides a detailed experience of a strength-based planning process utilizing the participation of family members of special needs children. (This is required training for Wraparound providers in Calif.)</p> <ul style="list-style-type: none"> <li>• Review Strength-based Principles</li> <li>• Key Skill of Successful Facilitators</li> <li>• Introduction to Family Member</li> <li>• Application of Ten Step Planning Process to Real Life Issues</li> <li>• Documentation of Individualized Plan</li> </ul>
Parent/Family Partner Program Development	1 day	County and Provider agency program managers	<p>Strength-based programs are most effective when they hire and train family members to join their work. This training will prepare managers to design and effective Parent/Family Partner component of their program.</p> <ul style="list-style-type: none"> <li>• Recruitment &amp; Selection</li> <li>• Program Orientation</li> <li>• Training for Specific Roles</li> <li>• Supporting and Retaining family partners</li> </ul>
Family Partner Training	1-5 days	Agency Managers Direct Service Staff Family Partners Youth Partners	<p>Understanding and effectively utilizing the role of family partners can make all the difference in connecting with and supporting the families of high-need youth.</p> <ul style="list-style-type: none"> <li>• Assessment of readiness to work in this role</li> <li>• Learning to tell your story</li> <li>• Inner-personal work on forgiveness</li> <li>• Effective employment and documentation skills</li> <li>• Boundaries, confidentiality, and self care</li> <li>• Bridge-building between families and the system</li> <li>• Knowledge of system mandates</li> </ul>

Cross-Systems Collaboration, Conflict Resolution, and Decision-Making	One day	County and Provider agency program managers Direct service staff	<p>People working in the various county and provider agencies often experience conflicting needs, issues, and strategies. This workshop assists in developing protocols for conflict resolution and constructive solution finding.</p> <ul style="list-style-type: none"> <li>• Team-Building</li> <li>• Knowing and Understanding System Mandates</li> <li>• Decision-Making Protocol Development</li> <li>• Conflict Resolution Protocol Development</li> </ul>
Cultural Relevance for Families and Providers	One day	Administrators Managers Direct Service Staff Families	<p>Achieving cultural relevance is essential to successful support of agencies, staff, and families.</p> <ul style="list-style-type: none"> <li>• Understanding cultural relevance and the myth of “cultural competence”</li> <li>• Identifying family culture for effective support: practical aspects</li> <li>• Self assessment of cultural relevance for individuals and agencies</li> </ul>
Program Design and Implementation	As needed	Provider agencies: administrators, managers, supervisors	<p>This technical assistance is intended for provider agencies with information necessary to develop effective Strength-based and Wraparound programs:</p> <ul style="list-style-type: none"> <li>• Administrative structure</li> <li>• Staffing</li> <li>• Developing staff training plans</li> <li>• Community resource development</li> <li>• Supporting cross-systems solutions</li> <li>• Documentation requirements</li> </ul>
Fiscal Implementation Issues for Wraparound (SB163)	As needed	County and Provider agency fiscal administrators	<p>This technical assistance helps provider agencies develop and maintain the necessary infrastructure to support Wraparound program implementation:</p> <ul style="list-style-type: none"> <li>• State Wraparound claiming requirements</li> <li>• Provider claims to the County</li> <li>• Documentation for audits</li> <li>• Medi-Cal claims</li> <li>• Management of flexible funds</li> </ul>

Facilitator Advanced Training & Mentoring	As needed	Family Team facilitators and supervisors	<p>This technical assistance and extended support is intended for facilitators currently serving families:</p> <ul style="list-style-type: none"> <li>• Coaching</li> <li>• Reviewing family plans</li> <li>• Solution-generating for challenging situations</li> <li>• Observing child and family team meetings.</li> </ul>
Family Specialist Training	1 day As needed	Provider Agency: Family Specialists	<p>This training is intended to prepare and/or support Family Specialists working directly with children and families in the community.</p> <ul style="list-style-type: none"> <li>• Therapeutic Behavioral Assessments</li> <li>• Strategies for strength-based interventions with high-need youth in the context of their family, culture and community</li> <li>• Developing and Implementing Behavior Modification Plans</li> <li>• Community Re-integration Strategies</li> <li>• Accessing Community Resources</li> <li>• Supporting Educational Plans</li> </ul>
Parent/Family Partner Training	1 day As needed	Provider agency Family Partners	<p>This training is intended to prepare and/or support Parent/Family Partners employed in programs serving children and families:</p> <ul style="list-style-type: none"> <li>• Program Orientation</li> <li>• Training and Skill Development in Family Partner Roles Direct Family Support Strategies</li> <li>• Teaming with Professionals</li> <li>• Making Powerful Presentations</li> <li>• Staff Training</li> <li>• Policy Consultation from Family Perspective</li> </ul>

Program Evaluation	1 day As needed	Provider agency staff	<p>Technical assistance and training in program design for collecting, analyzing, and utilizing required outcome data for System of Care and Wraparound programs:</p> <ul style="list-style-type: none"> <li>• Required Evaluation Tools</li> <li>• Reporting Requirements for SB163 Pilot and IV-e Waiver</li> <li>• Effective Analysis Protocols</li> <li>• Putting Outcome Information to Effective Program Use</li> </ul>
Life Domain Planning for Outcomes and Graduation	1 day	Provider agency staff: facilitators, family specialists, family partners	<p>As Strength-based services and supports move toward closure, staff need to help families through the transition to informal and community supports.</p> <ul style="list-style-type: none"> <li>• Tracking and celebrating successes and outcomes</li> <li>• Reconnecting with extended family and community resources for the long run</li> <li>• Acknowledging County referral agency partners</li> <li>• Creating meaningful graduation ceremonies and rituals</li> </ul>
Safety Planning, On-Call, Crisis Intervention	1 day As needed	Provider agency staff: facilitators, family specialists, family partners	<p>Families of special needs youth frequently have support needs outside of normal working hours:</p> <ul style="list-style-type: none"> <li>• Effective safety/crisis planning strategies</li> <li>• Practice drills</li> <li>• Response systems</li> <li>• On-call scheduling and training</li> <li>• Effective debriefing protocols</li> </ul>
Creating and Supporting a Mentoring Program	1 day As needed	Provider agency staff	<p>Community mentoring programs for youth with special needs frequently have long waiting lists and inadequate training. Some programs create their own:</p> <ul style="list-style-type: none"> <li>• Program design</li> <li>• Recruitment &amp; Selection criteria</li> <li>• Program orientation and training</li> <li>• Supporting and sustaining mentors</li> <li>• Legal requirements</li> </ul>

Community Resource Development	1 day As needed	County and Provider agency staff	<p>An intended outcome of Strength-based programs is to replace formal supports with community resources to meet the enduring needs of families of special-need youth. This requires effective access to existing resources as well as the creation of new ones:</p> <ul style="list-style-type: none"> <li>• Resource Finding</li> <li>• Establishing Effective Relationships with Key Resources</li> <li>• Identifying Unmet Community Needs</li> <li>• Community Organization Strategies</li> </ul>
Community Team Oversight And Support	1 day As needed	County and Provider agency managers and supervisors. Other key community representatives.	<p>This workshop is intended to assist County Community Teams to function effectively in its several roles:</p> <ul style="list-style-type: none"> <li>• Mission Statement Development</li> <li>• Role Clarification</li> <li>• Sponsorship</li> <li>• Membership</li> <li>• Strength-based Program Oversight Protocols</li> <li>• Cross-system Issue Solution-Building</li> <li>• Sustaining Focus, Interest, and Participation Over Time</li> </ul>
Cross-System Operations Design	1 day As needed	County and Provider agency managers and supervisors	<p>Regular interaction among referring agencies and the provider agencies is essential to resolve day-to-day implementation issues:</p> <ul style="list-style-type: none"> <li>• Identify key issues</li> <li>• Identify key agency representatives (program, fiscal)</li> <li>• Scheduling</li> <li>• Establishing and maintaining the partnership</li> <li>• Strength-based solution-finding</li> </ul>

Strength-Based Supervision	1 day As needed	County and Provider agency managers and supervisors	Staff are best supported in their efforts to implement strength-based core principles when those same values are modeled in their management and supervision: <ul style="list-style-type: none"> <li>• Recruitment and selection issues</li> <li>• Initial staff strengths assessments</li> <li>• Performance recognition</li> <li>• Issues of concern: finding the unmet needs</li> <li>• Professional career development</li> <li>• Managing Compassion Fatigue &amp; Staff Burnout</li> <li>• Staff retention issues</li> </ul>
Managing Compassion Fatigue	1 day As needed	County and Provider agency managers, supervisors, and line staff	Working with high-need youth and their families can be hazardous to the health and well-being of the helping person: <ul style="list-style-type: none"> <li>• Elements of Compassion Fatigue</li> <li>• Signs and symptoms</li> <li>• Risk assessment scale</li> <li>• Individual management strategies</li> <li>• Team strategies</li> <li>• Organizational opportunities and staff retention</li> </ul>

And others by request.

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